



BENEFITS OF AN RMT PROGRAM

- Skilled intervention utilizing cost effective tools
- Evidenced based approach to improving functional outcomes
- Improved patient education and ability to self-monitor progress and symptoms
- Decreased risk of re-hospitalization due to exacerbation of symptoms
- Reduced risk of cardiovascular disease due to increased vascular compliance
- Enhanced recovery from hospitalization, surgery, MV.
- **KEY EVIDENCE (COPD)**(Beckermann et al, 2005):
 - 30% reduction of hospitalization
 - 23% reduction of LOS
 - 19% increase in QOL

